

SAINT JOSEPH'S UNIVERSITY WOMEN'S TRACK & FIELD 2012-13 INDOOR PERFORMANCE LIST

Updated: March 4, 2013

Season bests only on list

– School record

* - ECAC-qualifying mark

() - ECAC-qualifying standard

{ } – Current School Record



55H			(8.24) {8.35}
Tiana Pole	01/04/13	Delaware	9.41
60H			(8.80) {8.84}
Georgia Mason	12/09/12	New Year's	8.84#
Kayla Charles	02/08/13	Lafayette/Rider	8.98
Francesca D'Angelo	02/16/13	Atlantic 10	9.16
Dannah Hayward	01/05/13	Penn State Relays	9.33
Carly McGowan	12/09/12	New Year's	9.66
Tiana Pole	02/08/13	Lafayette/Rider	10.00
Hannah Boyce	01/24/13	Ursinus Pentathlon	11.60
60m			(7.68) {7.58}
Carly McGowan	12/01/12	Jack Pyrah	8.08
Mercedes Yanora	02/16/13	Atlantic 10	8.08
Genevieve Ruppel	02/08/13	Lafayette/Rider	8.14
Jazmin Dunlap	02/08/13	Lafayette/Rider	8.30
Francesca D'Angelo	12/01/12	Jack Pyrah	8.32
Georgia Mason	12/01/12	Jack Pyrah	8.36
Tiana Pole	01/26/13	Thomson	8.71
200m			(25.04) {24.60}
Mercedes Yanora	02/16/13	Atlantic 10	26.26
Carly McGowan	02/16/13	Atlantic 10	26.75
Francesca D'Angelo	02/16/13	Atlantic 10	26.94
Jazmin Dunlap	02/08/13	Lafayette/Rider	27.15
Tiana Pole	01/26/13	Thomson	29.06
300m			(N/A) {40.63}
Georgia Mason	12/09/12	New Year's	42.16
Mercedes Yanora	12/09/12	New Year's	42.45
Francesca D'Angelo	12/01/12	Jack Pyrah	45.63
Jazmin Dunlap	12/01/12	Jack Pyrah	45.78
Genevieve Ruppel	12/01/12	Jack Pyrah	47.09
400m			(57.04) {57.11}
Katie Pratt	02/02/13	Giegengack	57.35
Dannah Hayward	02/08/13	Lafayette/Rider	57.67

2012-13 SAINT JOSEPH'S WOMEN'S INDOOR TRACK & FIELD

(400m continued...)

Mercedes Yanora	02/08/13	Lafayette/Rider	59.48
Jaclyn Kogut	01/11/13	Princeton Quad	1:00.18
Shannon Geddes	02/02/13	Giegengack	1:00.79
Kayla Charles	01/11/13	Princeton Quad	1:01.28
Jenna DeAngelo	02/08/13	Lafayette/Rider	1:01.37
Marina Rufo	01/11/13	Princeton Quad	1:01.66
Alana Whitmarsh	01/11/13	Princeton Quad	1:03.49
Chelsea Mercurio	02/08/13	Lafayette/Rider	1:05.55
Mia Greer	02/08/13	Lafayette/Rider	1:06.01

500m

(1:16.04) {1:13.96}

Dannah Hayward	03/01/13	ECAC	1:13.96#*
Katie Pratt	01/25/13	Penn State National	1:16.73
Marina Rufo	02/16/13	Atlantic 10	1:18.04
Jaclyn Kogut	01/25/13	Penn State National	1:18.14
Kayla Charles	02/08/13	Lafayette/Rider	1:19.81
Jenna DeAngelo	12/01/12	Jack Pyrah	1:22.35
Alana Whitmarsh	12/01/12	Jack Pyrah	1:24.65
Shannon Geddes	01/11/13	Princeton Quad	1:25.32
Mia Greer	01/26/13	Thomson	1:27.27
Chelsea Mercurio	12/01/12	Jack Pyrah	1:28.31

600m

(N/A) {N/A}

Marina Rufo	12/09/12	New Year's	1:40.89
Dannah Hayward	12/09/12	New Year's	1:41.38
Jenna DeAngelo	12/09/12	New Year's	1:43.99
Lisa Chen	12/09/12	New Year's	1:50.76

800m

(2:14.44) {2:12.41}

Jaclyn Kogut	02/02/13	Giegengack	2:16.89
Elizabeth Barrett	02/02/13	Giegengack	2:17.30
Marina Rufo	02/08/13	Lafayette/Rider	2:21.49
Taylor Oskowiak	02/02/13	Giegengack	2:23.20
Katie Pratt	01/04/13	Delaware	2:24.23
Alana Whitmarsh	02/02/13	Giegengack	2:24.86
Sara Radzwilka	01/26/13	Thomson	2:25.47
Tess Doggett	02/02/13	Giegengack	2:25.95
Emily Chaundy	01/11/13	Princeton Quad	2:28.73
Kayla Charles	02/16/13	Atlantic 10	2:29.56
Jenna DeAngelo	01/26/13	Thomson	2:35.01
Lisa Chen	02/08/13	Lafayette/Rider	2:35.27
Hannah Brown	01/26/13	Thomson	2:35.72
Kathryn Cols	01/04/13	Delaware	2:35.85
Paige O'Neill	01/26/13	Thomson	2:39.83
Hannah Boyce	12/01/12	Jack Pyrah	2:44.65
Melissa Donnelly	01/26/13	Thomson	2:46.68

2012-13 SAINT JOSEPH'S WOMEN'S INDOOR TRACK & FIELD

1000m			(2:56.24) {2:49.13}
Sara Walker	03/03/13	ECAC	2:55.20*
Elizabeth Barrett	01/25/13	Penn State National	2:55.76*
Lauren Hehir	02/16/13	Atlantic 10	3:00.90
Sara Radzwilka	02/02/13	Giegengack	3:06.37
Emily Chaundy	02/02/13	Giegengack	3:12.58
Taylor Oskowiak	01/04/13	Delaware	3:15.41
Kathryn Cols	02/02/13	Giegengack	3:16.42
Hannah Brown	02/02/13	Giegengack	3:19.27
Tess Doggett	01/11/13	Princeton Quad	3:22.73
Melissa Donnelly	01/11/13	Princeton Quad	3:33.82

Mile			(4:59.04) {4:44.61}
Elizabeth Barrett	03/01/13	ECAC	4:53.37*
Emma Slattery	02/02/13	Giegengack	4:55.83*
Erin James	01/11/13	Princeton Quad	5:06.79
Hannah Fuller	01/11/13	Princeton Quad	5:07.31
Sara Walker	02/02/13	Giegengack	5:11.39
Lauren Hehir	02/02/13	Giegengack	5:11.49
Taylor Oskowiak	01/26/13	Thomson	5:30.22
Tess Doggett	01/26/13	Thomson	5:33.85
Erin Giampietro	01/04/13	Delaware	5:38.34
Kathryn Cols	01/26/13	Thomson	5:53.96
Darcy O'Connor	01/04/13	Delaware	6:02.83

3000m			(9:58.94) {9:28.44}
Emma Slattery	01/11/13	Princeton Quad	9:57.10*
Erin James	02/02/13	Giegengack	10:09.23
Hannah Fuller	02/16/13	Atlantic 10	10:15.63
Emily Chappell	01/26/13	Thomson	10:24.45
Sara Walker	01/11/13	Princeton Quad	10:29.91
Darcy O'Connor	01/26/13	Thomson	11:37.79

5000m			(17:33.64) {16:42.57}
Erin James	03/01/13	ECAC	17:16.22*
Hannah Fuller	01/25/13	Penn State National	17:44.26
Emily Chappell	02/16/13	Atlantic 10	18:15.65
Darcy O'Connor	02/02/13	Giegengack	19:44.20

4x400m			(3:52.54) {3:49.60}
D. Hayward, J Kogut, M. Rufo, K. Pratt	03/02/13	ECAC	3:49.60#*

4x800m			(9:25.24) {9:00.79}
S. Walker, L. Hehir, T. Doggett, E. Barrett	02/16/13	Atlantic 10	9:22.52*

2012-13 SAINT JOSEPH'S WOMEN'S INDOOR TRACK & FIELD

DMR			(12:08.64) {11:45.91}
S. Walker, K. Pratt, E. Slattery, E. Barrett	01/25/13	Penn State National	11:53.95*
High Jump			(1.70m) {1.73m}
Hannah Boyce	02/16/13	Atlantic 10	1.70m (5' 7")*
Brianna Hunt	12/09/12	New Year's	1.70m (5' 7")*
Kayla Charles	02/16/13	Atlantic 10	1.55m (5' 1")
Long Jump			(5.70m) {19' 11 ¼"}}
Genevieve Ruppel	02/16/13	Atlantic 10	5.43m (17' 9 ¾")
Kayla Charles	02/16/13	Atlantic 10	5.38m (17' 8")
Kati Polaski	12/01/12	Jack Pyrah	5.38m (17' 8")
Gabby Becattini	12/01/12	Jack Pyrah	5.23m (17' 2")
Hannah Boyce	12/01/12	Jack Pyrah	4.91m (16' 1 ½")
Brianna Hunt	12/01/12	Jack Pyrah	4.89m (16' ½")
Triple Jump			(11.90m) {42' 2"}}
Kati Polaski	01/11/13	Princeton Quad	11.51m (37' 9 ¼")
Gabby Becattini	01/05/13	Penn State Relays	11.19m (36' 8 ½")
Shot Put			(13.50m) {35' 9 ¼"}}
Hannah Boyce	01/24/13	Ursinus Pentathlon	7.20m (23' 7 ½")
Kayla Charles	01/24/13	Ursinus Pentathlon	7.19m (23' 7 ½")
Indoor Pentathlon			(3450) {3274}
Kayla Charles	02/16/13	Atlantic 10	3274 points#
Hannah Boyce	01/24/13	Ursinus Pentathlon	2569 points

2012-13 INDOOR TRACK & FIELD WINS

Barrett, Rufo, Radzwilka, Slattery	DMR	01/05/13	Penn State Relays	12:21.63
Hannah Boyce	Hi. Jump	01/11/13	Princeton Quad	1.67m (5' 5 ¾")
Kayla Charles	60H	01/23/13	Ursinus Pentathlon	9.02
Walker, Pratt, Slattery, Barrett	DMR	01/26/13	Penn State National	11:53.95*
Hannah Boyce	Hi. Jump	02/08/13	Lafayette/Rider	1.65m (5' 5")
Sara Walker	1000m	02/24/13	George Mason	2:55.96*