

# SAINT JOSEPH'S UNIVERSITY WOMEN'S TRACK & FIELD 2010 OUTDOOR PERFORMANCE LIST

Updated: July 7, 2010

Season bests only on list

# – School record

\* – ECAC-qualifying mark

(ECAC-qualifying marks in parentheses)



## **100 meter hurdles (14.34)**

Stefani Zabilowicz	5/2	Atlantic 10	14.50#
Francesca D'Angelo	5/2	Atlantic 10	14.93
Jessica Chen	5/2	Atlantic 10	15.16
Morgan Matecki	3/27	Lafayette	16.63

## **100 meters (12.10)**

Nicole McMullen	5/2	Atlantic 10	12.35
Ashley Williams	4/10	G. Mason	12.64
Emily Coldren	5/2	Atlantic 10	12.74
Cara Quinn	5/2	Atlantic 10	13.05
Karly Cahill	4/3	Penn	13.27
Jessica Chen	4/2	Colonial	13.44

## **200 meters (24.80)**

Nicole McMullen	4/17	Larry Ellis	25.00
Emily Coldren	5/2	Atlantic 10	25.92
Caitlin McGrath	5/10	Swarthmore	25.98
Ashley Williams	4/2	Colonial	26.32
Stefani Zabilowicz	4/17	Larry Ellis	26.60
Francesca D'Angelo	5/2	Atlantic 10	26.83
Cara Quinn	4/3	Penn	27.50
Karly Cahill	4/3	Penn	27.77

## **400 meters (55.94)**

Caitlin McGrath	5/10	Swarthmore	58.24
Shannon Geddes	5/2	Atlantic 10	58.93
Kierstin Quinn	4/2	Colonial	59.87
Lauren Wenzel	4/10	G. Mason	1:05.66
Danielle Osbourne	4/3	Penn	1:12.60

## **400 meter hurdles (1:02.04)**

Kristin Andrews	4/22	Penn Relays	1:04.38
Danielle Osbourne	4/10	G. Mason	1:12.39

## **800 meters (2:11.44)**

Anna Casey	4/2	Colonial	2:16.52
Sara Walker	5/2	Atlantic 10	2:16.55
Kelsey Rose	5/2	Atlantic 10	2:18.73
Kristin Andrews	4/10	G. Mason	2:21.16
Caitlin McGrath	4/10	G. Mason	2:22.96

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Lena Finucane	4/3	Penn	2:24.73
Liz Welsh	5/2	Atlantic 10	2:24.92
Shannon Geddes	4/10	G. Mason	2:28.65

### **1,500 meters** **(4:31.44)**

Kathleen Casey	4/2	Colonial	4:41.16
Sara Walker	3/27	Lafayette	4:49.16
Lena Finucane	5/2	Atlantic 10	4:50.33
Aimee Chegwiddden	3/27	Lafayette	4:54.34
Laura Faller	4/3	Penn	4:55.87
Anna Casey	3/27	Lafayette	4:58.85
Kelsey Rose	4/2	Colonial	5:05.07

### **3,000 meters** **(9:58.94)**

Kathleen Casey	3/27	Lafayette	10:23.69
Aimee Chegwiddden	3/27	Lafayette	10:24.92
Christina Morelli	3/27	Lafayette	10:25.84
Laura Faller	3/27	Lafayette	10:51.51

### **3,000 meter steeplechase** **(10:50.24)**

Maureen O'Donnell	4/2	Colonial	11:14.18#
Samantha Peters	4/17	Larry Ellis	11:47.10

### **5,000 meters** **(17:16.64)**

Jessica Di Cicco	4/2	Colonial	17:26.44
Aimee Chegwiddden	4/2	Colonial	17:38.80
Christina Morelli	4/2	Colonial	18:01.82

### **10,000 meters** **(37:40.00)**

Jessica Di Cicco	5/14	ECAC	36:52.02*#
Aimee Chegwiddden	5/2	Atlantic 10	37:11.06*

### **Javelin** **(41.60 m)**

Nohjay Nimpson	5/2	Atlantic 10	38.64m/126'5"
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### **Long Jump** **(5.80m)**

Nicole McMullen	4/2	Colonial	18'8 <sup>3</sup> / <sub>4</sub> "
Erin Vanderhoof	5/2	Atlantic 10	17'5 <sup>1</sup> / <sub>2</sub> "
Beth Getty	4/3	Penn	16'6"
Genevieve Ruppel	5/2	Atlantic 10	16'1 <sup>3</sup> / <sub>4</sub> "
Hannah Boyce	3/27	Lafayette	15'11 <sup>1</sup> / <sub>2</sub> "

### **Triple Jump** **(12.05m)**

Nohjay Nimpson	5/2	Atlantic 10	38'7"
Beth Getty	4/10	G. Mason	35'7 <sup>3</sup> / <sub>4</sub> "

### **High Jump** **(1.70m)**

Erin Vanderhoof	5/2	Atlantic 10	5'1"
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Hannah Boyce	5/2	Atlantic 10	5'1"
Genevieve Reardon	4/3	Penn	4'10 ¼"

### **4x100 Meter Relay** (47.94)

Coldren, McGrath, K. Quinn, McMullen	4/22	Penn Relays	48.19
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### **4x100 Shuttle Hurdle**

D'Angelo, Chen, Zabilowicz, Pierce	4/23	Colonial	1:00.95 #
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### **4x200 Meter Relay**

Williams, Zabilowicz, D'Angelo, Coldren	4/2	Colonial	1:45.46
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### **4x400 Meter Relay** (3:51.84)

McGrath, Geddes, K. Quinn, McMullen	5/2	Atlantic 10	3:52.06
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### **4x800 Meter Relay** (9:16.24)

Rose, K. Casey, McGrath, Walker	4/24	Penn Relays	9:17.14
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### **Distance Medley Relay** (12:08.64)

Walker, Geddes, A. Casey, K. Casey	4/2	Colonial	12:11.47
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## 2010 OUTDOOR TRACK & FIELD WINS

### **Nohjay Nimpson**

Triple Jump	3/27/10	Lafayette	37'10 ¾"
Javelin	4/10/10	George Mason	119'4"
Triple Jump	5/10/10	Swarthmore Last Chance	37'9 ½"

### **Nicole McMullen**

200 Meters	3/27/10	Lafayette	25.45
Long Jump	3/27/10	Lafayette	17'8 ¾"

### **Maureen O'Donnell**

3,000 Meters	3/27/10	Lafayette	11:14.04#
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### **Kierstin Quinn**

400 Meters	3/27/10	Lafayette	1:00.56
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### **Sara Walker**

1,500 Meters	3/27/10	Lafayette	4:49.16
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## **2010 SAINT JOSEPH'S WOMEN'S OUTDOOR TRACK & FIELD**

**Stefani Zabilowicz**

100 Meter hurdles

3/27/10

Lafayette

15.04

## **2010 OUTDOOR TRACK & FIELD AWARDS**

**Atlantic 10 Rookie of the Week:** Maureen O'Donnell (March 28)

**2010 Atlantic 10 Outdoor Track Finish:** 12th of 12

**2010 ECAC Finish:** Did Not Score