

SAINT JOSEPH'S UNIVERSITY MEN'S TRACK & FIELD 2012-13 INDOOR TOP-TEN PERFORMANCES

Updated: March 4, 2013

All individual top-ten performances included



Anderson, Ryan

2 nd Place	800m	2:08.58	Delaware	Jan. 4, 2013
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Banks, Christopher

T-3 rd Place	400m	50.12	Giegengack	Feb. 2, 2013
T-10 th Place	200m	22.70	Penn State Relays	Jan. 5, 2013

Barbalinardo, Garrett

2 nd Place	500m	1:05.07	Penn State Nationals	Jan. 26, 2013
2 nd Place	800m	1:57.62	Jack Pyrah	Dec. 1, 2012
3 rd Place	500m	1:05.44	Penn State Relays	Jan. 5, 2013
7 th Place	500m	1:05.19	Atlantic 10	Feb. 17, 2013
8 th Place	400m	50.44	Giegengack	Feb. 2, 2013
9 th Place	500m	1:03.99	IC4A	Mar. 2, 2013

Beninato, Nick

2 nd Place	400m	53.34	Delaware	Jan. 4, 2013
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Butenewicz, Steve

1 st Place	1000m	2:34.41	Penn State Relays	Jan. 5, 2013
3 rd Place	800m	1:58.67	Jack Pyrah	Dec. 1, 2012
4 th Place	1000m	2:27.90	Giegengack	Feb. 2, 2013
5 th Place	800m	1:56.09	NYC Gotham Cup	Jan. 11, 2013
6 th Place	800m	1:52.06	IC4A	Mar. 2, 2013
9 th Place	800m	1:55.31	Penn State Nationals	Jan. 26, 2013

Cassidy, Michael

4 th Place	Mile	4:46.49	Delaware	Jan. 4, 2013
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Coleman, Michael

1 st Place	Mile	4:33.14	Delaware	Jan. 4, 2013
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Davis, Quinn

7 th Place	Mile	4:30.87	Jack Pyrah	Dec. 1, 2012
8 th Place	Mile	4:34.27	Penn State Relays	Jan. 5, 2013
10 th Place	Mile	4:31.07	Thomson	Jan. 26, 2013

Deckert, Brady

3 rd Place	1000m	2:35.57	Thomson	Jan. 26, 2013
6 th Place	1000m	2:30.63	Giegengack	Feb. 2, 2013
10 th Place	Mile	4:35.48	Penn State Relays	Jan. 5, 2013

Donnelly, Patrick

10 th Place	5000m	15:09.21	Giegengack	Feb. 2, 2013
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Dougherty, Tyler

6 th Place	200m	22.95	Lafayette/Rider	Feb. 8, 2013
9 th Place	300m	37.26	Jack Pyrah	Dec. 1, 2012
10 th Place	200m	23.04	Giegengack	Feb. 2, 2013
T-10 th Place	200m	22.70	Penn State Relays	Jan. 5, 2013

Egan, John

3 rd Place	3000m	9:40.31	Delaware	Jan. 4, 2013
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Eisemann, Jon

3 rd Place	200m	22.32	Giegengack	Feb. 2, 2013
4 th Place	60m	6.95	Atlantic 10	Feb. 17, 2013
4 th Place	60m	6.97	Penn State Relays	Jan. 5, 2013
5 th Place	60m	7.21	Jack Pyrah	Dec. 1, 2012
5 th Place	200m	22.20	Penn State Nationals	Jan. 26, 2013
5 th Place	400m	50.13	Giegengack	Feb. 2, 2013
7 th Place	200m	22.20	Atlantic 10	Feb. 17, 2013
9 th Place	200m	22.53	Penn State Relays	Jan. 5, 2013

Furman, David

1 st Place	400m	53.22	Delaware	Jan. 4, 2013
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Gallen, Tyler

1 st Place	500m	1:04.77	Penn State Relays	Jan. 5, 2013
1 st Place	500m	1:04.84	Giegengack	Feb. 2, 2013
2 nd Place	500m	1:02.27	IC4A	Mar. 3, 2013
2 nd Place	500m	1:07.05	Jack Pyrah	Dec. 1, 2012
3 rd Place	500m	1:04.31	Atlantic 10	Feb. 17, 2013
10 th Place	400m	49.67	NYC Gotham Cup	Jan. 11, 2013

Gentile, Jamie

4 th Place	800m	2:00.12	Jack Pyrah	Dec. 1, 2012
6 th Place	500m	1:07.37	Penn State Relays	Jan. 5, 2013
9 th Place	800m	1:56.79	Lafayette/Rider	Feb. 8, 2013

Henry, Derek

4 th Place	300m	36.18	Jack Pyrah	Dec. 1, 2012
8 th Place	400m	50.63	Atlantic 10	Feb. 17, 2013
9 th Place	200m	23.00	Giegengack	Feb. 2, 2013
9 th Place	400m	50.49	Giegengack	Feb. 2, 2013

Kinney, Christopher

2 nd Place	500m	1:12.51	Delaware	Jan. 4, 2013
10 th Place	800m	2:08.09	Jack Pyrah	Dec. 1, 2012

Lampart, Kyle

4 th Place	800m	2:12.50	Delaware	Jan. 4, 2013
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Larmann, Peter

1 st Place	500m	1:08.17	Delaware	Jan. 4, 2013
2 nd Place	400m	50.92	Thomson	Jan. 26, 2013
6 th Place	500m	1:05.61	Lafayette/Rider	Feb. 8, 2013
6 th Place	500m	1:05.96	Giegengack	Feb. 2, 2013
7 th Place	500m	1:08.56	Jack Pyrah	Dec. 1, 2012

Leskow, Aaron

2 nd Place	Mile	4:14.93	Penn State Relays	Jan. 5, 2013
2 nd Place	3000m	8:26.55	NYC Gotham Cup	Jan. 11, 2013
2 nd Place	3000m	8:27.07	Giegengack	Feb. 2, 2013
3 rd Place	Mile	4:17.82	Atlantic 10	Feb. 17, 2013
4 th Place	Mile	4:11.82	Penn State Nationals	Jan. 26, 2013
7 th Place	Mile	4:07.97	IC4A	Mar. 3, 2013

Manion, Dave

3 rd Place	800m	1:54.05	Giegengack	Feb. 2, 2013
3 rd Place	1000m	2:36.32	Penn State Relays	Jan. 5, 2013
5 th Place	1000m	2:30.87	Penn State Nationals	Jan. 26, 2013
8 th Place	1000m	2:35.39	Jack Pyrah	Dec. 1, 2012

McBride, James

1 st Place	5000m	15:24.72	Thomson	Jan. 26, 2013
7 th Place	5000m	14:59.66	Giegengack	Feb. 2, 2013

McDonnell, Kevin

1 st Place	Mile	4:14.44	Penn State Relays	Jan. 5, 2013
1 st Place	3000m	8:25.64	NYC Gotham Cup	Jan. 11, 2013
1 st Place	3000m	8:40.79	New Year's	Dec. 9, 2012
3 rd Place	5000m	14:33.68	Atlantic 10	Feb. 17, 2013
4 th Place	3000m	8:31.71	Atlantic 10	Feb. 17, 2013
4 th Place	5000m	14:19.69	Armory	Feb. 1, 2013
5 th Place	5000m	14:13.47	IC4A	Mar. 2, 2013
7 th Place	3000m	8:14.40	Penn State Nationals	Jan. 26, 2013

McGarvey, Matt

1 st Place	800m	1:57.49	Jack Pyrah	Dec. 1, 2012
3 rd Place	800m	1:54.25	Atlantic 10	Feb. 17, 2013
4 th Place	500m	1:05.88	Penn State Relays	Jan. 5, 2013

Miller, Patrick

5 th Place	800m	2:02.02	Jack Pyrah	Dec. 1, 2012
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Mohn, Logan

1 st Place	Mile	4:11.47	Penn State Nationals	Jan. 26, 2013
2 nd Place	1000m	2:26.88	Giegengack	Feb. 2, 2013
3 rd Place	Mile	4:06.11	IC4A	Mar. 3, 2013
4 th Place	Mile	4:18.30	Atlantic 10	Feb. 17, 2013
4 th Place	Mile	4:18.78	Penn State Relays	Jan. 5, 2013
8 th Place	1000m	2:34.92	Atlantic 10	Feb. 17, 2013

Murphy, Liam

1 st Place	800m	2:05.36	Delaware	Jan. 4, 2013
9 th Place	800m	2:06.91	Jack Pyrah	Dec. 1, 2012

O'Kane, Tommy

2 nd Place	Mile	4:11.73	Penn State Nationals	Jan. 26, 2013
2 nd Place	Mile	4:17.38	Atlantic 10	Feb. 17, 2013
3 rd Place	1000m	2:27.73	Giegengack	Feb. 2, 2013
3 rd Place	Mile	4:16.46	Penn State Relays	Jan. 5, 2013

Peabody, Alec

1 st Place	Long Jump	7.06m	Jack Pyrah	Dec. 1, 2012
3 rd Place	Long Jump	6.90m	Giegengack	Feb. 2, 2013
4 th Place	Long Jump	6.78m	Penn State Relays	Jan. 5, 2013
6 th Place	60m	7.25	Giegengack	Feb. 2, 2013
6 th Place	Long Jump	6.89m	Atlantic 10	Feb. 17, 2013
7 th Place	60m	7.25	Jack Pyrah	Dec. 1, 2012
8 th Place	Long Jump	6.70m	NYC Gotham Cup	Jan. 11, 2013

Pedano, Nick

3 rd Place	400m	53.49	Delaware	Jan. 4, 2013
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Rankin, Mike

5 th Place	Mile	4:29.05	Penn State Relays	Jan. 5, 2013
5 th Place	3000m	8:34.44	Giegengack	Feb. 2, 2013
6 th Place	Mile	4:21.56	NYC Gotham Cup	Jan. 11, 2013

Roark, Dan

3 rd Place	3000m	8:27.61	Giegengack	Feb. 2, 2013
4 th Place	3000m	8:46.61	Penn State Relays	Jan. 5, 2013
4 th Place	5000m	15:08.76	NYC Gotham Cup	Jan. 11, 2013
7 th Place	5000m	14:48.71	Atlantic 10	Feb. 17, 2013

Robert, Brendan

5 th Place	300m	36.36	Jack Pyrah	Dec. 1, 2012
6 th Place	400m	50.47	Atlantic 10	Feb. 17, 2013
7 th Place	500m	1:06.18	Giegengack	Feb. 2, 2013
9 th Place	500m	1:08.16	Penn State Relays	Jan. 5, 2013

Roberts, Griff

2 nd Place	500m	1:05.02	Penn State Relays	Jan. 5, 2013
4 th Place	500m	1:07.53	Jack Pyrah	Dec. 1, 2012
5 th Place	500m	1:05.70	Giegengack	Feb. 2, 2013
6 th Place	500m	1:05.78	Penn State Nationals	Jan. 26, 2013

Rodgers, Jamie

1st Place	200m	22.44	Lafayette/Rider	Feb. 8, 2013
6 th Place	300m	36.67	Jack Pyrah	Dec. 1, 2012
9th Place	400m	52.59	Thomson	Jan. 26, 2013

Sutorius, Matt

2 nd Place	60H	8.74	Jack Pyrah	Dec. 1, 2012
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Szulewski, Paul

1 st Place	Mile	4:14.36	NYC Gotham Cup	Jan. 11, 2013
1 st Place	3000m	8:22.31	Penn State Nationals	Jan. 26, 2013
1 st Place	3000m	8:33.64	Penn State Relays	Jan. 5, 2013
4 th Place	Mile	4:14.06	Giegengack	Feb. 2, 2013
8 th Place	3000m	8:35.69	Atlantic 10	Feb. 17, 2013

To, Vinny

2 nd Place	Triple Jump	12.03m	Delaware	Jan. 4, 2013
3 rd Place	Long Jump	5.79m	Delaware	Jan. 4, 2013
4 th Place	Triple Jump	12.10m	Jack Pyrah	Dec. 1, 2012
5 th Place	Long Jump	6.10m	Jack Pyrah	Dec. 1, 2012
5 th Place	Triple Jump	12.63m	Lafayette/Rider	Feb. 8, 2013
6 th Place	Triple Jump	12.91m	Giegengack	Feb. 2, 2013
9 th Place	Long Jump	5.98m	Thomson	Jan. 26, 2013
9 th Place	Triple Jump	12.03m	Thomson	Jan. 26, 2013
10 th Place	Long Jump	5.95m	Lafayette/Rider	Feb. 8, 2013

Townsend, Andrew

2 nd Place	800m	1:55.59	NYC Gotham Cup	Jan. 11, 2013
2 nd Place	1000m	2:35.69	Penn State Relays	Jan. 5, 2013
5 th Place	800m	1:54.59	Giegengack	Feb. 2, 2013
6 th Place	1000m	2:34.12	Jack Pyrah	Dec. 1, 2012

Tront, Joe

7 th Place	Mile	5:22.89	Delaware	Jan. 4, 2013
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Vance, Ryan

5 th Place	500m	1:09.40	Thomson	Jan. 26, 2013
5 th Place	1000m	2:34.75	Lafayette/Rider	Feb. 8, 2013
6 th Place	800m	2:02.47	Jack Pyrah	Dec. 1, 2012
10 th Place	500m	1:08.38	Penn State Relays	Jan. 5, 2013
10 th Place	800m	1:58.08	Giegengack	Feb. 2, 2013

Yap, Michael

1 st Place	60m	7.24	Delaware	Jan. 4, 2013
2 nd Place	Long Jump	5.85m	Delaware	Jan. 4, 2013
6 th Place	Long Jump	6.08m	Jack Pyrah	Dec. 1, 2012
9 th Place	60m	7.42	Lafayette/Rider	Feb. 8, 2013
9 th Place	Long Jump	6.10m	Lafayette/Rider	Feb. 8, 2013

4x100m

1 st Place	Szulewski, Rankin, Roark, Deckert	18:19.88	Penn State Relays	Jan. 5, 2013
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4x400m

1 st Place	Eisemann, Gallen, Robert, Henry	3:19.40	Giegengack	Feb. 2, 2013
1 st Place	Furman, Beninato, Larmann, Kinney	3:31.59	Delaware	Jan. 4, 2013
2 nd Place	Murphy, Pedano, Lampart, Anderson	3:42.89	Delaware	Jan. 4, 2013
4 th Place	Dougherty, Eisemann, Henry, Banks	3:19.40	Penn State Relays	Jan. 5, 2013
4 th Place	Robert, Larmann, Roberts, Gallen	3:21.08	Atlantic 10	Feb. 17, 2013
4 th Place	Larmann, Banks, Dougherty, McGarvey	3:21.34	Giegengack	Feb. 2, 2013
5 th Place	Gallen, Robert, McGarvey, Roberts	3:19.53	Penn State Relays	Jan. 5, 2013
9 th Place	Eisemann, Roberts, Henry, Robert	3:18.33	Penn State Nationals	Jan. 26, 2013
9 th Place	Rodgers, Larmann, Murphy, Lampart	3:35.54	Thomson	Jan. 26, 2013

4x800m

1 st Place	Manion, O’Kane, Gentile, Butenewicz	7:38.18	Penn State Nationals	Jan. 26, 2013
1 st Place	Gentile, McGarvey, Miller, Manion	8:01.66	New Year’s	Dec. 9, 2012
1 st Place	Vance, Deckert, Donnelly, Anderson	8:18.30	Thomson	Jan. 26, 2013
2 nd Place	Davis, Butenewicz, Vance, Townsend	8:07.83	New Year’s	Dec. 9, 2012
4 th Place	O’Kane, Gentile, Davis, Vance	8:00.72	Penn State Relays	Jan. 5, 2013
6 th Place	Manion, Leskow, Gentile, Butenewicz	7:48.50	Atlantic 10	Feb. 17, 2013

DMR

2 nd Place	Leskow, Roberts, Mohn, O’Kane	9:54.45	Giegengack	Feb. 2, 2013
2 nd Place	Mohn, Barbalinardo, Townsend, Leskow	9:58.49	Penn State Nationals	Jan. 26, 2013
2 nd Place	O’Kane, Larmann, Gentile, Leskow	10:05.28	Atlantic 10	Feb. 17, 2013
3 rd Place	Mohn, Barbalinardo, Townsend, Leskow	10:01.02	Penn State Relays	Jan. 5, 2013
3 rd Place	Butenewicz, Rodgers, Barbalinardo, Szulewski	10:08.97	Giegengack	Feb. 2, 2013
5 th Place	Butenewicz, Rodgers, Manion, McDonnell	10:09.95	Penn State Relays	Jan. 5, 2013
5 th Place	Manion, McGarvey, Gentile, Deckert	10:23.85	Giegengack	Feb. 2, 2013
8 th Place	Manion, Roberts, McGarvey, O’Kane	10:01.74	IC4A	Mar. 2, 2013