

SAINT JOSEPH'S UNIVERSITY MEN'S TRACK & FIELD 2012-13 INDOOR PERFORMANCE LIST

Updated: March 4, 2013

Season bests only on list

– School record

* - IC4A-qualifying mark

() – IC4A-qualifying standard

{ } – Current School Record



| | | | |
|-------------------|----------|----------------------|------------------------|
| 60H | | | (8.25) {N/A} |
| Matt Sutorius | 01/05/13 | Penn State Relays | 8.61 |
| Jamie Rodgers | 12/09/12 | New Year's | 9.28 |
| 60m | | | (6.98) {6.78} |
| Jon Eisemann | 03/03/13 | IC4A | 6.92* |
| Alec Peabody | 12/09/12 | New Year's | 7.16 |
| Michael Yap | 01/04/13 | Delaware | 7.24 |
| Derek Henry | 01/05/13 | Penn State Relays | 7.30 |
| Tyler Dougherty | 01/05/13 | Penn State Relays | 7.31 |
| Jamie Rodgers | 12/01/12 | Jack Pyrah | 7.48 |
| 200m | | | (22.24) {21.42} |
| Jon Eisemann | 02/16/13 | Atlantic 10 | 22.15* |
| Jamie Rodgers | 02/08/13 | Lafayette/Rider | 22.44 |
| Christopher Banks | 01/05/13 | Penn State Relays | 22.70 |
| Tyler Dougherty | 01/05/13 | Penn State Relays | 22.70 |
| Derek Henry | 01/05/13 | Penn State Relays | 22.78 |
| Alec Peabody | 01/05/13 | Penn State Relays | 23.25 |
| Michael Yap | 02/02/13 | Giegengack | 24.79 |
| 300m | | | {N/A}{31.70} |
| Jamie Rodgers | 12/09/12 | New Year's | 36.02 |
| Derek Henry | 12/09/12 | New Year's | 36.08 |
| Jon Eisemann | 12/09/12 | New Year's | 36.23 |
| Brendan Robert | 12/01/12 | Jack Pyrah | 36.36 |
| Tyler Dougherty | 12/01/12 | Jack Pyrah | 37.26 |
| Tyler Gallen | 12/09/12 | New Year's | 37.51 |
| Matt Sutorius | 12/09/12 | New Year's | 37.60 |
| 400m | | | (49.20) {47.22} |
| Tyler Gallen | 01/11/13 | NYC Gotham Cup | 49.67 |
| Brendan Robert | 01/11/13 | NYC Gotham Cup | 49.87 |
| Derek Henry | 01/25/13 | Penn State Nationals | 49.90 |
| Christopher Banks | 02/02/13 | Giegengack | 50.12 |
| Jon Eisemann | 02/02/13 | Giegengack | 50.13 |
| Griff Roberts | 01/11/13 | NYC Gotham Cup | 50.41 |

2012-13 SAINT JOSEPH'S MEN'S INDOOR TRACK & FIELD

(400m continued...)

| | | | |
|----------------------|----------|-----------------|-------|
| Garrett Barbalinardo | 02/02/13 | Giegengack | 50.44 |
| Tyler Dougherty | 01/11/13 | NYC Gotham Cup | 50.68 |
| Peter Larmann | 01/26/13 | Thomson | 50.92 |
| David Furman | 02/08/13 | Lafayette/Rider | 52.23 |
| Jamie Rodgers | 01/26/13 | Thomson | 52.59 |
| Nick Beninato | 01/04/13 | Delaware | 53.34 |
| Nick Pedano | 01/04/13 | Delaware | 53.49 |
| Chris Kinney | 02/08/13 | Lafayette/Rider | 54.16 |

500m

(1:05.20) {1:01.98}

| | | | |
|----------------------|----------|-------------------|----------|
| Tyler Gallen | 03/03/03 | IC4A | 1:02.27* |
| Garrett Barbalinardo | 03/03/03 | IC4A | 1:03.99* |
| Griff Roberts | 03/03/03 | IC4A | 1:04.77* |
| Peter Larmann | 02/08/13 | Lafayette/Rider | 1:05.61 |
| Matt McGarvey | 01/05/13 | Penn State Relays | 1:05.88 |
| Brendan Robert | 02/02/13 | Giegengack | 1:06.18 |
| Derek Henry | 01/11/13 | NYC Gotham Cup | 1:06.61 |
| Jamie Gentile | 01/05/13 | Penn State Relays | 1:07.37 |
| Ryan Vance | 01/05/13 | Penn State Relays | 1:08.38 |
| Nick Beninato | 02/08/13 | Lafayette/Rider | 1:09.03 |
| David Furman | 12/01/12 | Jack Pyrah | 1:09.03 |
| Kyle Lampart | 02/08/13 | Lafayette/Rider | 1:10.00 |
| Chris Kinney | 01/04/13 | Delaware | 1:12.51 |

600m

(N/A) {N/A}

| | | | |
|---------------|----------|------------|---------|
| Griff Roberts | 12/09/12 | New Year's | 1:23.97 |
| Peter Larmann | 12/09/12 | New Year's | 1:25.20 |
| Chris Kinney | 12/09/12 | New Year's | 1:29.46 |

800m

(1:54.90) {1:50.39}

| | | | |
|----------------------|----------|-----------------|----------|
| Steve Butenewicz | 03/03/13 | IC4A | 1:52.06* |
| David Manion | 02/02/13 | Giegengack | 1:54.05* |
| Matt McGarvey | 02/16/13 | Atlantic 10 | 1:54.25* |
| Andrew Townsend | 02/02/13 | Giegengack | 1:54.59* |
| Jamie Gentile | 02/08/13 | Lafayette/Rider | 1:56.79 |
| Garrett Barbalinardo | 12/01/12 | Jack Pyrah | 1:57.62 |
| Ryan Vance | 02/02/13 | Giegengack | 1:58.08 |
| Ryan Anderson | 02/08/13 | Lafayette/Rider | 2:01.86 |
| Patrick Miller | 12/01/12 | Jack Pyrah | 2:02.02 |
| Liam Murphy | 02/08/13 | Lafayette/Rider | 2:04.84 |
| Chris Kinney | 02/02/13 | Giegengack | 2:05.43 |
| Kyle Lampart | 01/26/13 | Thomson | 2:09.34 |

1000m

(2:28.95) {2:22.20}

| | | | |
|------------------|----------|------------|----------|
| Logan Mohn | 02/02/13 | Giegengack | 2:26.88* |
| Tommy O'Kane | 02/02/13 | Giegengack | 2:27.73* |
| Steve Butenewicz | 02/02/13 | Giegengack | 2:27.90* |
| Brady Deckert | 02/02/13 | Giegengack | 2:30.63 |

2012-13 SAINT JOSEPH'S MEN'S INDOOR TRACK & FIELD

(1000m continued...)

| | | | |
|-------------------|----------|----------------------|---------|
| David Manion | 01/25/13 | Penn State Nationals | 2:30.87 |
| Andrew Townsend | 02/16/13 | Atlantic 10 | 2:32.91 |
| Ryan Vance | 02/08/13 | Lafayette/Rider | 2:34.75 |
| Ryan Anderson | 02/02/13 | Giegengack | 2:40.85 |
| Thomas Harrington | 12/09/12 | New Year's | 2:41.45 |
| Kyle Lampart | 12/09/12 | New Year's | 2:53.22 |

Mile **(4:14.90) {4:03.05}**

| | | | |
|-------------------|----------|----------------------|----------|
| Logan Mohn | 03/03/13 | IC4A | 4:06.11* |
| Aaron Leskow | 03/03/13 | IC4A | 4:07.97* |
| Tommy O'Kane | 01/25/13 | Penn State Nationals | 4:11.73* |
| Paul Szulewski | 02/02/13 | Giegengack | 4:14.06* |
| Kevin McDonnell | 01/05/13 | Penn State Relays | 4:14.44* |
| Mike Rankin | 01/11/13 | NYC Gotham Cup | 4:21.56 |
| Quinn Davis | 02/02/13 | Giegengack | 4:25.46 |
| Patrick Donnelly | 01/26/13 | Thomson | 4:31.54 |
| Brady Deckert | 02/08/13 | Lafayette/Rider | 4:32.40 |
| Michael Coleman | 01/04/13 | Delaware | 4:33.14 |
| Sean Staltari | 01/26/13 | Thomson | 4:38.36 |
| Michael Cassidy | 01/04/13 | Delaware | 4:46.49 |
| Thomas Harrington | 12/01/12 | Jack Pyrah | 4:49.31 |
| John Egan | 01/26/13 | Thomson | 4:59.54 |
| Joe Tront | 01/26/13 | Thomson | 5:10.17 |
| Ryan Anderson | 01/26/13 | Thomson | 5:22.36 |

3000m **(8:27.20) {8:09.07}**

| | | | |
|------------------|----------|----------------------|----------|
| Kevin McDonnell | 01/25/13 | Penn State Nationals | 8:14.40* |
| Paul Szulewski | 01/25/13 | Penn State Nationals | 8:22.31* |
| Aaron Leskow | 01/11/13 | NYC Gotham Cup | 8:26.55* |
| Dan Roark | 02/02/13 | Giegengack | 8:27.61 |
| Mike Rankin | 02/08/13 | Lafayette/Rider | 8:32.52 |
| Logan Mohn | 01/11/13 | NYC Gotham Cup | 8:47.47 |
| Patrick Donnelly | 02/08/13 | Lafayette/Rider | 8:51.00 |
| Sean Staltari | 02/02/13 | Giegengack | 8:52.37 |
| John Egan | 01/04/13 | Delaware | 9:40.31 |

5000 meters **(14:45.40) {14:07.30}**

| | | | |
|------------------|----------|----------------------|-----------|
| Kevin McDonnell | 03/03/13 | IC4A | 14:13.47* |
| Dan Roark | 02/16/13 | Atlantic 10 | 14:48.71* |
| James McBride | 02/02/13 | Giegengack | 14:59.66 |
| Patrick Donnelly | 02/02/13 | Giegengack | 15:09.21 |
| Mike Rankin | 01/25/13 | Penn State Nationals | 15:20.26 |
| Sean Staltari | 01/11/13 | NYC Gotham Cup | 15:42.62 |

4x100m **(N/A) {N/A}**

| | | | |
|--|----------|-------------------|----------|
| P. Szulewski, M. Rankin, D. Roark, B. Deckert | 01/05/13 | Penn State Relays | 18:19.00 |
|--|----------|-------------------|----------|

2012-13 SAINT JOSEPH'S MEN'S INDOOR TRACK & FIELD

| | | | |
|---|----------|-----------------|-----------------------------|
| 4x400m | | | (3:19.90) {3:11.60} |
| D. Henry, B. Robert, C. Banks, G. Roberts | 03/03/13 | IC4A | 3:15.62* |
| 4x800 Meter Relay | | | (7:53.00) {7:29.68} |
| D. Manion, M. McGarvey, A. Townsend, S. Butenewicz | 03/03/13 | IC4A | 7:37.42* |
| Distance Medley Relay | | | (10:19.70) {9:24.44} |
| A. Leskow, G. Roberts, T. O'Kane, L. Mohn | 02/02/13 | Giegengack | 9:54.45* |
| Long Jump | | | (7.02m) {24' 1"} |
| Alec Peabody | 12/01/12 | Jack Pyrah | 7.06m (23' 2")* |
| Vinny To | 12/01/12 | Jack Pyrah | 6.10m (20' 1/4") |
| Michael Yap | 02/08/13 | Lafayette/Rider | 6.10m (20' 1/4") |
| Triple Jump | | | (14.30m) {53' 3"} |
| Vinny To | 02/02/13 | Giegengack | 12.91m (42' 4 1/4") |

2012-13 INDOOR TRACK & FIELD WINS

| | | | |
|--|----------|----------------------|----------|
| Matthew McGarvey | 800m | 12/01/12, Jack Pyrah | 1:57.49 |
| Alec Peabody | Lo. Jump | 12/01/12, Jack Pyrah | 7.06m |
| Kevin McDonnell | 3000m | 12/09/12, New Year's | 8:40.79 |
| J. Gentile, M. McGarvey, P. Miller, D. Manion | 4x800m | 12/09/12, New Year's | 8:01.66 |
| Michael Coleman | Mile | 01/04/13, Delaware | 4:33.14 |
| David Furman | 400m | 01/04/13, Delaware | 53.22 |
| Peter Larmann | 500m | 01/04/13, Delaware | 1:08.17 |
| Liam Murphy | 800m | 01/04/13, Delaware | 2:05.36 |
| Michael Yap | 60m | 01/04/13, Delaware | 7.24 |
| D. Furman, N. Beninato, P. Larmann, C. Kinney | 4x400m | 01/04/13, Delaware | 3:31.59 |
| Steve Butenewicz | 1000m | 01/05/13, PSU Relays | 2:34.41 |
| Tyler Gallen | 500m | 01/05/13, PSU Relays | 1:04.77 |
| Kevin McDonnell | Mile | 01/05/13, PSU Relays | 4:14.44 |
| Paul Szulewski | 3000m | 01/05/13, PSU Relays | 8:33.64 |
| P. Szulewski, M. Rankin, D. Roark, B. Deckert | 4x100m | 01/05/13, PSU Relays | 18:19.00 |

2012-13 SAINT JOSEPH'S MEN'S INDOOR TRACK & FIELD

(2012-13 Indoor Track and Field Wins continued...)

| | | | |
|--|--------|-------------------------|---------------|
| Kevin McDonnell | 3000m | 01/11/13, Gotham Cup | 8:25.64 |
| Paul Szulewski | Mile | 01/11/13, Gotham Cup | 4:14.36 |
| T. O'Kane, C. Banks, R. Vance, P. Szulewski | DMR | 01/11/13, Gotham Cup | 10:13.76 |
| Logan Mohn | Mile | 01/26/13, PSU Nationals | 4:11.47 |
| Paul Szulewski | 3000m | 01/26/13, PSU Nationals | 8:22.31 |
| D. Manion, T. O'Kane, J. Gentile, S. Butenewicz | 4x800m | 01/26/13, PSU Nationals | 7:38.18 (Tie) |
| James McBride | 5000m | 01/26/13, Thomson | 15:24.72 |
| R. Vance, B. Deckert, P. Donnelly, R. Anderson | 4x800m | 01/26/13, Thomson | 8:18.30 |
| Tyler Gallen | 500m | 02/02/13, Giegengack | 1:04.84 |
| J. Eisemann, T. Gallen, B. Robert, D. Henry | 4x400m | 02/02/13, Giegengack | 3:19.40 |
| Jamie Rodgers | 200m | 02/08/13, Laf./Rider | 22.44 |